

## Participating Schools:

### District U-46

- Elgin High School
- Larkin High School
- South Elgin High School
- Ellis Middle School
- Kimball Middle School
- Abbott Middle School
- Highland Elementary School
- Hillcrest Elementary School
- Century Oaks Elementary School
- Lowrie Elementary School
- Harriet Gifford Elementary School
- Washington Elementary School
- Creekside Elementary School

### District 300

- Dundee-Crown High School
- Hampshire High School
- Dundee Middle School
- Carpentersville Middle School
- Lakewood Elementary School
- Golfview Elementary School

Call Family Service Association of Greater Elgin for more information.



Family Service  
Association of  
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## School-Based Mental Health Program



## Who Are We?

- The purpose of the School-Based Mental Health Program is to wrap support around the family through counseling, advocacy, collaboration with teachers, social workers, and needed community members to help reach the goals below:
  - Emotional and behavioral stability
  - Stabilize school attendance and school performance
- We provide a full array of mental health services to students who are at risk of being extruded from the school community due to unmet mental health needs.
- Family Service Association of Greater Elgin has a prominent presence in the community & is known for our culturally competent and family oriented approach.
- Our program includes a total of 19 schools throughout U-46 & D300, including elementary, middle, and high schools.
- Our school-based team is comprised of compassionate Master's level & Master-prepared therapists equipped for a range of services to meet the whole family's needs.

## What Do We Offer?

- Individual counseling with students during non-academic school periods
- Family counseling sessions at home, in the community, or at our office
- Groups that focus on common struggles such as anxiety, anger management, and general coping skills
- Advocacy for the students and families
- Care coordination with schools, families, and community programs
- Supportive trainings for parents
- Trainings and consultation with school staff
- Support for RENEW/WRAP processes

## How to Get Started:

- ◆ Any school staff will speak with the eligible student and family first, then complete and submit a SBMH Referral Form to:  
*SBMH Director at 224-276-6822 (e-Fax)*
- ◆ The assigned school-based therapist will meet with the student and family to discuss the program and screen for eligibility.
- ◆ The therapist will work with the eligible student and family to complete a **comprehensive Mental Health Assessment** and develop a **Treatment Plan** based on the student and family's needs, strengths, and goals.

## Who Is a Good Fit?

A.

Students who attend a school we serve and whose family is willing to participate in treatment

B.

Students who demonstrate a need for mental health services and struggle in the following areas:

- Home
- Community
- Socially
- Academically

C.

Families who have not had success working with traditional programs

\*Crisis screening is not needed to participate

D.

Families who have any insurance—Medicaid, private insurance, or no insurance.

\*Note: Financial obligation varies based on Benefit Plan agreement. Sliding-Scale fee can be accommodated for uninsured families.

For more information contact:

**SBMH Director**

Family Service Association of  
Greater Elgin Area

Ph: 847-695-3680

e-Fax: 224-276-6822