

# ANNUAL REPORT FY22



847-695-3680



[www.fsaelgin.org](http://www.fsaelgin.org)



Administrative Office  
1752 Capital St., Suite 100  
Elgin, IL 60124

# Governing Board and Executive Director

Amanda Rankin, LCSW - Board President

Tatiana (Tish) Calhamer, MLS - Secretary

Dennis Graf - Treasurer

Mark Rizzo - Past President

Dave Rock - Past President

JoAnn Stingley, MSW

Mary Heggen, LCSW

Lark Cowart, JD

Rita Semerjian

Vern Tepe

Edward J Hunter, BCC

Martha Paschke

Julisa Alonso

Bernadette May - Executive Director

Janeth Barba - Clinical Director

## **Agency Mission**

Family Service Association of Greater Elgin Area (FSA) is dedicated to quality, accessible, holistic, equitable and client-centered behavioral health services.

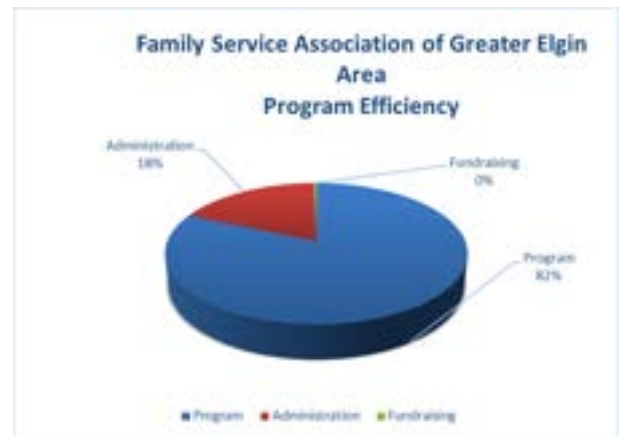
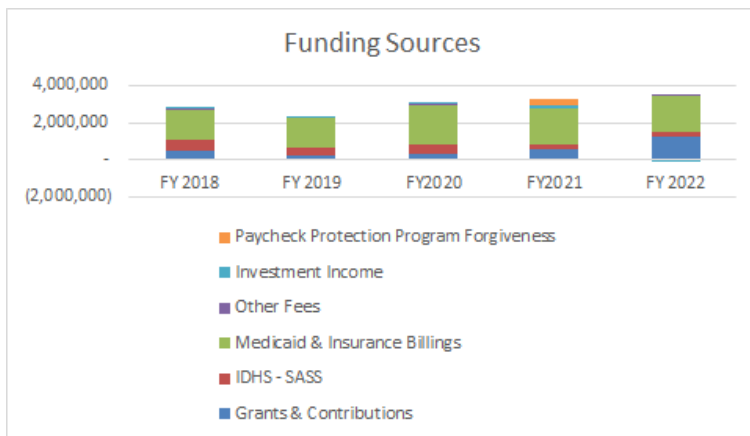
# FSA Accomplishments for Fiscal Year 2022

1

Served 2,553 unduplicated community residents, and 17,173 hours of service.

2

FSA continues to engage with the Intercultural Development Inventory (IDI) to continue the organizational journey towards multiculturalism. Each quarter, FSA hosts an Equity conversation session to raise awareness around different holidays, world events, and social justice related topics. Staff are invited to share their culture and tradition in an effort to create and promote an inclusive environment. Additionally, each month FSA shares Equity related topics in their communication portal to allow an open exchange for when it's convenient and relevant for staff. We invite staff to bring their whole self and work to enhance the vibrancy of equity throughout the agency.



FSA staff and Governing Board spent many playful hours discussing FSA's future in a new location. In November 2022, we are relocating to:

**1752 Capital St., Suite 100  
Elgin, IL 60124**



## ❖ SASS/MOBILE CRISIS RESPONSE

FSA now has 2 mobile crisis response (MCR) teams!

Program performed **1,875** emergency psychiatric assessments on children/adolescents in Kane and Kendall Counties in FY22.



FSA was one of the selected agencies by Dept. of Mental Health to provide 988 Mobile Crisis Response Services to Kane County.

- hired an additional 6 full-time Crisis Specialists
- Incorporated 4 full-time Engagement Specialists

Engagement Specialists are individuals with lived experience who currently have or are working towards their Recovery Support Specialist credentials (CRSS). This allows for a team response that is both clinical but also provide support and build connection from someone who has experienced their own challenges.

FSA introduced walk-in hours for mental health assessments and case management services. Walk-ins are at FSA's main building and Gail Borden Library. See website for dates/times!

### Family Support Program

➡ 34 clients enrolled

The Family Support Program is a coordination service for those families who have the greatest psychiatric needs in Illinois. This program allows for greater flexibility in how their Medicaid benefits are allocated so that services can be uniquely tailored to a youth and their family.

Some community supports provided to stabilize youth include: Equine Therapy, music classes, basketball camp, coping skill items, cooking classes, special recreation activities, and park district/gym memberships.

### Crisis Stabilization

➡ 32 referrals in FY 22

This service is in collaboration with Therapeutic Mentoring to provide short-term services following a SASS MCR.

# ❖ Mental Health Juvenile Justice (MHJJ)

- ❖ **Focused on identifying youth that were detained at the Juvenile Justice Center in need of Mental Health Services.** In partnership with the Kane County Juvenile Justice Center Mental Health Team the intake process of the detention center increased mental health related screening questions after it was preliminarily identified that a mental health need may exist.
- ❖ **Increased staffing to two Mental Health Juvenile Justice Liaisons splitting Kane County into NORTH and SOUTH.**
  - MHJJ staffing increased access for Spanish speaking families across Kane County.
- ❖ **Monthly Referral Meeting with Kane County Juvenile Court Services to increase referrals by Probation Officers to the program and identify clients that may be eligible for MHJJ.**
- ❖ **Ongoing partnerships with our partners:**  
Kane county Court Services (probation, judges and the Juvenile Justice Center), Kane County Sheriffs Department, Aurora Police Department and Elgin Police Department.

## Crisis Intervention Unit

### NEW NAME AND LOGO



Transition from PILOT program (CITE) to official Unit of Aurora Police Department. The now Crisis Intervention Unit has been integrated and collaborative with many of other police departments units including, patrol, investigations, and community oriented policing. The collaboration has focused on linking individuals and/or families to meet their mental health needs and any other areas that may contribute to their mental health outcomes.

- Program served 499 individuals from 7/1/21-1/31/22
- CIU increased staffing in the program by adding in an additional Police Social Worker



# ❖ Therapy Service Program

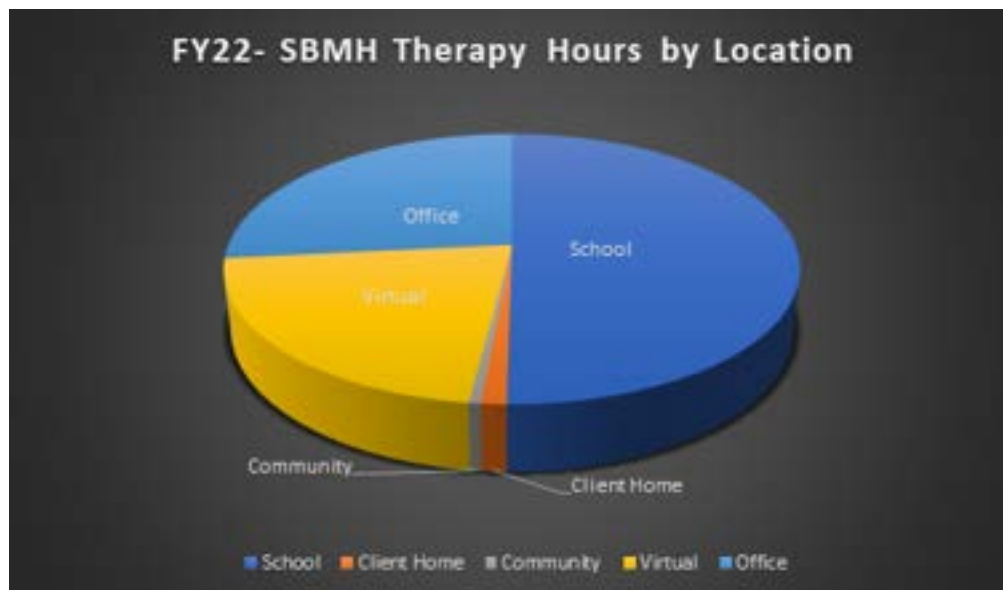
The Outpatient Therapy Program served **621 unduplicated clients** and provided **6,574 hours of service.**

- The program provided Masters Level Internships and supported the professional development of 6 interns
- In collaboration with the School Based Mental Health Team, the Outpatient Therapy Team facilitated two Care Giver Support Groups.
  - The group was developed to build a peer support community and strengthen the role of a caregiver through validation, resources and comradery in a therapeutic setting, while being facilitated utilizing Dichos Therapy.



# ❖ School Based Mental Health Program (SBMH)

School Based Team serviced  
**126** unduplicated clients  
and their families with  
**2,845** hours of direct  
service.



## SBMH focuses on:



- Treatment Teams - increasing collaboration between programs for clients participating in multiple programs and families with multiple members in treatment
- Supporting client reintegration into school building

# PATHWAYS TO SUCCESS

One part of the State of Illinois efforts to enhance the behavior health service system to children. A program for children with complex behavioral health challenges that provides access to home and community-based services that is targeted to launch January 1st, 2023. Built upon an intensive model of care coordination that addresses the broad range of each child and family's needs. Guided by Systems of Care Principles that put children and families at the center of planning for services and supports. Designed to address many of the State's commitment under the N.B. Consent Decree.

- **High Fidelity Wraparound** is for youth with the most complex needs. These youth typically access crisis services regularly and are often involved in multiple child-serving systems. The Child and Family Team meets once a month.
- **Intensive Care Coordination** is for youth that would benefit from additional community services, but don't quite reach the same level of intensity as youth in High Fidelity Wraparound. The Child and Family Team meets once every other month.



## Eligibility:

- ✓ Has Medicaid
- ✓ Is under the age of 21
- ✓ Has a mental health diagnosis
- ✓ Has complex, intensive needs identified on an IM+CANS that are significantly affecting them at home, at school, or in their community.

## Pathway Services:

- ❖ Care Coordination and Support
- ❖ Family Peer Support
- ❖ Therapeutic Support Services: \$3000 for fiscal year
- ❖ Individual Support Services: \$1500 for fiscal year
- ❖ Intensive Home Based
- ❖ Respite
- ❖ Therapeutic Mentoring





# ❖ Integrated Service Coordination (ISC)

- 229 total requests for services
- 285 hours of mental health assessments
- 334 hours of case management
- 88 direct service hours for case consultations
- 98 Surveys
- 267 Referrals

➤ 301 Psychiatric appointments

Service delivery method used to conduct mental health assessments



## A commitment to our community partners:

### Children's Mental Health Initiative: Caregiver Survey

Staff continued to be trained through the Institutional Review Board (IRB) to recruit caregivers to complete voluntary surveys. These surveys aim to learn about caregivers' experience through the intake and assessment process, which services families need, and the best way to provide those.

- ➔ 98 surveys were provided to caregivers to improve service delivery and determine which services are most needed in the community.

### IRIS: Referral System

Kane County Health Department launched Integrated Referral and Intake System (IRIS), a service delivery method for referrals to be electronically sent to community partners through Kane County. This referral network allows families and providers to locate appropriate services and creates a clear referral path from service provider to treatment provider.

For the agency, it improves the tracking of referrals through one database and creates a closed-loop communication from a referent to a service provider. One of the Iris advances is bringing all community agencies into one database, making services accessible.

- ➔ FSA staff sent 267 referrals throughout the year.

# Therapeutic Mentoring Program

Therapeutic Mentors served **42** unduplicated clients and their families in their homes and community and provided **1,055** hours of direct service.



---

Collaborated with 2 local agencies to provide expressive art interventions and group supports to kids: ✦

- YWCA- providing social-emotional, psychoeducation groups for their students
- Juvenile Justice Center in St. Charles - providing Game Groups to support cooperation, teamwork, collaboration and pro-social activities amongst peers.



---

The Therapeutic Mentoring Program facilitated 15 different therapeutic workshops and groups.



---

The program provided Bachelor's level internships and supported the professional development of 2 interns

---

**Our Programs Were Supported By Grants  
From The Following:**

**Elgin Township  
Grand Victoria Foundation  
Hanover Township Mental Health Board  
Health and Human Services (Federal)  
IHC Construction  
INC Board  
Kaptain Family Foundation  
Katelyn Mucci of Baird + Warner Realty  
Kane County Health Department  
Painter's District Council 30  
State of IL Department of Human Services  
Steve + Betty Rauschenberger**

**In Kind Support Provided by:**

**Gail Borden Library  
Kane County Sheriff's Office  
City of Aurora**