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Agency Mission

Family Service Association of Greater Elgin Area (FSA) is dedicated to quality, accessible, holistic, and client-centered behavioral health services.
FSA Accomplishments for Fiscal Year 2019

1. Served 2,169 unduplicated community residents, and 20,180 hours of face to face contacts.

2. FSA spent 410 hours in the community working together on shared goals and by collaborating and coordinating to provide better quality and accessible care throughout all service areas.

3. FSA gave back to the profession by providing 412 hours of supervision and mentoring to 9 Clinical Interns who were able to successfully complete internships through our clinical programs.

All clinical programs adopted new measurable assessment tools.

Implemented Tele-Psychiatry to provide more timely psychiatric access.

Thank you to Aurora Police Department and Kane County Sheriff’s Office who have provided space for FSA staff within their buildings!
Program performed 1,943 emergency psychiatric assessments on children/adolescents in Kane and Kendall Counties.

Of those assessments 830 were hospitalized and 1,113 were deflected back to the community.

**SASS/MOBILE CRISIS RESPONSE**

**Mental Health Juvenile Justice Program**

Served 58 youth ages 8-18 who were involved or at risk of being involved in the criminal justice system and struggling with mental health symptoms from Kane County. Many of the youth were referred from court services, law enforcement, schools, or following a mental health crisis. This program focuses on diverting youth from the criminal justice system and linking them to the necessary supports to improve functioning.

**Family Support Services Program**

Served 47 youth under the age of 21 and their families residing in Kane and Kendall County. The youth involved in the program struggle with severe emotional disorder in which traditional mental health services have not been sufficient to stabilize the youth. Upon acceptance into the FSP program through the State of Illinois, youth were provided access to intensive mental health services and supports with the goal of improving clinical outcomes and improving functioning upon acceptance into the program.

There were 316 additional youth transferred into the SASS program from other agencies in the fiscal year.

- FSA staff presented on services during roll calls and collaborated with law enforcement when they have responded to calls with mental health concerns.
- The SASS program expanded to serving clients throughout the life span on August 1, 2019.
- FSA assessed 80 adults over the age of 22 in FY19.
The year began with 68% being closed within 30 days and ended with 96% being closed in 30 days!

Implemented e-prescribe to our current tele-psychiatry practice.

The Outpatient Therapy Program served 405 unduplicated clients and provided 7,093 hours of service.

To continue to provide the highest quality of services. The therapy team started CATS (Clinical Advancement Training Series), which are a series of time-limited, skill-based, and peer led training opportunities to foster the professional development of our staff.
School Based Mental Health Program (SBMH)

School Based Team serviced **480** unduplicated clients and their families with **6,880** hours of direct service.

In partnership with 19 schools in School Districts U-46 (Elgin) and 300 (Carpentersville), we provided services at 19 different schools.

**01** We intentionally targeted students who were struggling in more than one life domain and had previous experiences with services that did not result in desired outcomes.

**02** Most students were involved with multiple child-serving systems.

**03** This project created an intermediary, community-based, family-centered level of care that did not exist in our community prior to this.

**04** 74% of students demonstrated IMPROVEMENT in functioning.

Our Wraparound Advisory Team (WRAT) made up of many community partners continued to provide additional support to youth, families and our staff. Thanks to our WRAT members for their dedication!
Therapeutic Mentoring Program

Starting in August 2018, Therapeutic Mentors began providing time-limited intensive supports targeting periods of high stress to reduce crisis symptoms—a service called Crisis Stabilization.

14 youth were provided crisis stabilization that included interventions such as coaching client in the practice of crisis safety planning, modeling positive coping skills, and redirecting client's behaviors when they begin to escalate.

Therapeutic Mentors served 19 unduplicated clients and their families in their homes and community and provided 1,708 hours of direct service, this is over 330 hour increase from FY18.

Mentors led five different groups, workshops and events that provided clients an opportunity to work on emotion regulation, coping skills, career planning, communication and interpersonal skills. Each service was modified to meet the group's needs, interests and personalities.
Our Programs Were Supported By Grants From The Following:

Elgin Township

Grand Victoria Foundation

Hanover Township Mental Health Board

Harvey and Ethel Daeumer Foundation

Illinois Children’s Health Care Foundation

Seigle Foundation

EFS Foundation

United Way of Elgin

Northwestern Mutual Foundation

THANK YOU TO ALL OUR SUPPORTERS